



*Faith Presbyterian Church*  
***Faith Family News***

*Monthly Newsletter*



## *Pastor's Ponderings*

By Chris Lenocker

As I write this article I have been struggling with several issues that have distracted me from completing the task. Martha and I have the joy of welcoming our son Tyler and his family to our home. What a joy! Yet all of a sudden we have become a family of 6. It is great, but we also realized that our house is really not set up for that number – that really isn't true. I think Martha and I have become very used to having our home to just the two of us – what a joyful change.

On the week leading up to their arrival we needed to replace our washer and dryer and get our carpeting cleaned – again no big deal. On the Saturday night (10:30pm) that we went to pick them up at the airport we opened the garage door to leave and Martha asked, “Chris, where is your bike”? (usually locked in the garage). Someone had gotten in our garage and stolen my bike – ok, I was angry, but it is just a bike. We pick up the family at the airport and get home late and crash. Up early for church on Sunday and head home, with Tyler and family headed up north to be with Julie's parents. Suddenly it dawns on us that while Tyler and family are here they will be using one of our cars and I was going to use my bike to get to and from work – I don't have a bike!!!! Off I go to get a new one so I can get to work on Monday. I get home with my new bike and Tyler calls from Oceanside that the battery in the car is dead. Tyler gets someone to jump the car and get it started and when they get home that night Tyler and I go buy a new battery and install it so they can use the car on Monday. Somewhere over the next couple of days Martha gets a flat tire on her bike and I have to not only get a tube for it but replace the tire. There is a point to all this and I will get there, just hang with me.

During this same week I am trying very hard

to keep up with what is going on in General Assembly, which is meeting in Detroit. I try not to get compulsive about this, but I am interested and there are several decisions surrounding controversial issues that will impact churches within our Presbytery and entire denomination as I mentioned in June's newsletter article. I was not finding the detail I wanted on line, so I called some of my friends attending GA and got their impressions. Tensions were high around the marriage issue and the divestment issue. There were rumblings about many churches following through on their intentions to start a process of leaving the denomination.

We are into the first day of our family vacation in Kauai. I will not go into the “things” that got me upset on our start of vacation – how can I? For the first time in our family's lives, we are all together in one very beautiful place – what an overwhelming blessing and joy. I guess this is where I am headed!

There are so many things in life that can upset us. There are so many issues to be dealt with and resolved, there are things that happen all the time, some within our control and others not, that can capture our attention, focus and heart. Things that will pull us away from recognizing how blessed we are and what a wonderful calling each of us has to be captured by God's love in all things. I was allowing myself to be wound up tight over things – some important and others not. It is all about relationships and how we are fed by those relationships as a blessing from God. The issues will be resolved with some pain and angst, but the relationships will beckon us to a time of growth, memory making and true joy. Are there any issues in your life? Are there any relationships in your life? Which are you called to spend time with?

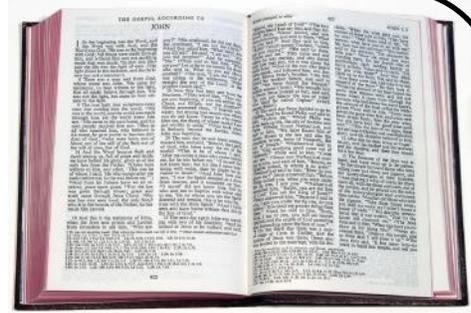
*Shalom,  
Chris*

## SERMONS AND SCRIPTURE READINGS

### July 6 – “I Am So Messed Up”

**Matthew 11:16-19, 25-330; Romans 7:15-25a**

Do you ever find yourself doing what you think is the right thing to do and find out later that you messed up big time? Guess what – you are not alone. The apostle Paul understood exactly what you are going through – and fortunately so does God.



### July 13 – “Pop-Ups are Ruining My Garden”

**Romans 8:1-11, Matthew 13:1-9, 18-23**

Pop Up ads ruin my time on the computer and TV – they are an unwanted nuisance. The same thing happens in our garden – too many weeds. How do we deal with them?

### July 20 – “Patience Needed – Right Now”

**Psalms 139:1-12, 23-24; Matthew 13:24-30, 36-43**

When confronted by danger we often respond in ways that are more damaging than being patient and seeing how things turn out or how we might learn in our waiting.

### July 27 – “What’s in Your Tool Box?”

**Psalms 105:1-11, 45b; Matthew 13:31-33, 44-52**

What do we bring to our service of God? How do we use our past experiences and the newness of God’s gifting to accomplish what God desires?

## NOTE THESE IMPORTANT DATES:

- ♦ **July 4.** *Independence Day. Office will be closed.*
- ♦ **July 18.** *Caregivers Conference. College Ave. Baptist Church*
- ♦ **Entire month of August.** *All choirs are on vacation*
- ♦ **August 4-8.** *9am-Noon VBS*
- ♦ **September 1.** *Labor Day. Office will be closed*
- ♦ **September 4.** *Choir practices resume*
- ♦ **Sept. 26-28.** *Camping. William Heise County Park*

  **Missions**  

Dear Friends at Faith,

Thank you so much for your financial and prayer support for this important work of translation. Because of you Bible translation is moving forward in Mexico and more and more groups are getting God's Word in their language. In just the first few months of this year New Testaments have been dedicated in three Mexican languages: Mazatec, Mayo, and Mixtec; and we're expecting even more to be dedicated this year. The job that takes most of my time is supervising the work of 67 translation teams. So you, through me, have had a part in these translations, and what God is going to do through them! *Pray for the Mayo people, Ixcatlan Mazatec people, and the Magdalena Peñasco people that God may use his Word in their lives.* Here is a picture of some of the team that translated the Mayo NT. The linguist is Nancy Hagberg, 2nd from the right in the back row.



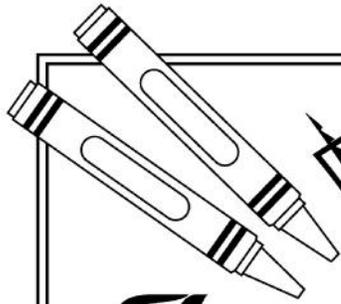
Genesis in Amatlan Zapotec was also dedicated this year! Close to two hundred Zapotecs gathered for the celebration of this first Old Testament book in their language. I continue to review the Zapotec Old Testament translation and advise the Zapotec team doing it. Currently Exodus-Judges and Psalms-Ecclesiastes have been drafted. A certain number of those have been reviewed, revised, community checked, and have been approved by a translation consultant. *Pray for protection for the Zapotec team (Chucho, Tonio, Samuel, Joel, and Elica). They've had many attacks of the enemy.* The pictures are of Chucho holding a copy of Genesis and the crowd gathered in the Baptist church.



Sylvia and Gedeon continue to work on the dictionary. Soon they hope to be finished revising the Zapotec side of it. There will still be a lot of work to complete it. *Please pray for Gedeon and God's leading in his life. Pray for a good Skype connection and wisdom to know how to express each word.*

May God bless you and keep you,

*Dave Riggs*

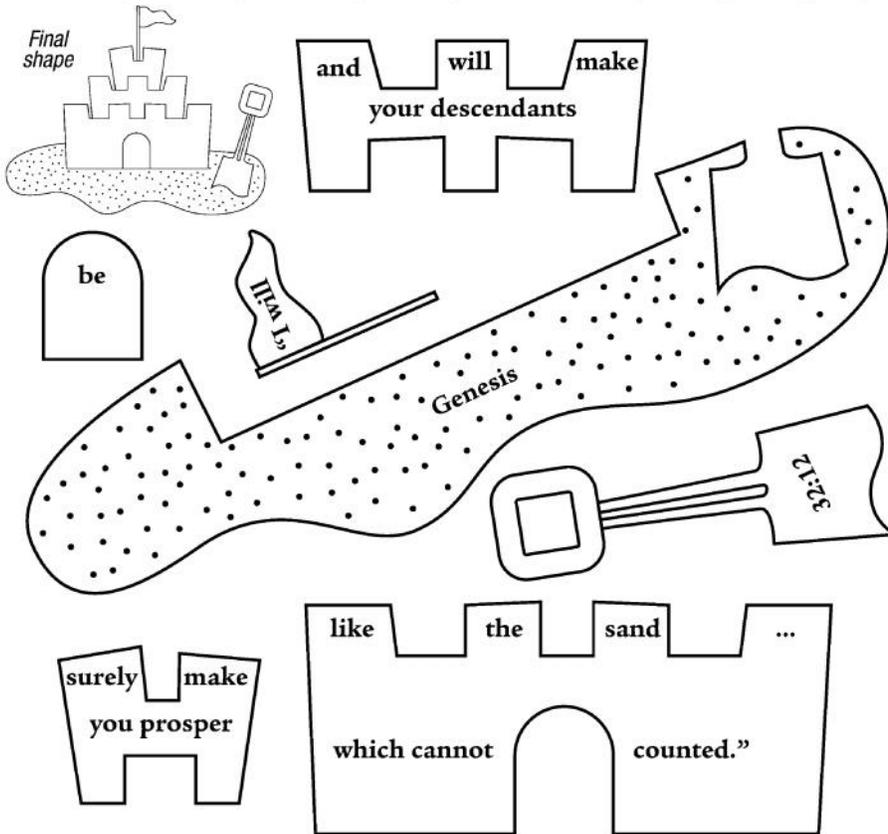


# PUZZLE

## A promise kept

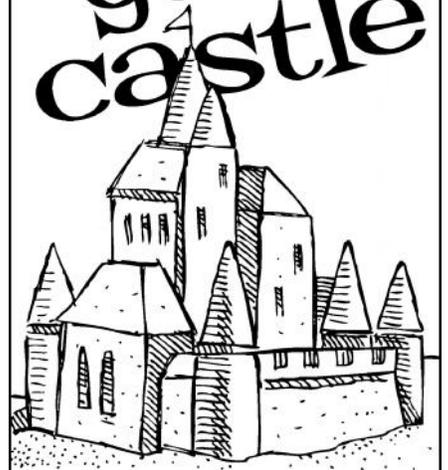
In Genesis 32:12 (NIV), Jacob remembers a promise God made about his family. We, too, can be part of that promise. God always keeps his promises.

**Directions:** "Build" a sand castle using the shapes below. Cut out and assemble the shapes to complete God's promise. (Use the "final shape" image as a guide.)



Answer: "I will surely make you prosper and will make your descendants like the sand ... which cannot be counted." Genesis 32:12, NIV

# Color your castle



Summer is the perfect time to build a sand castle, whether in a sandbox or on the beach. Use this fun idea to add color to your creation.

### What you need:

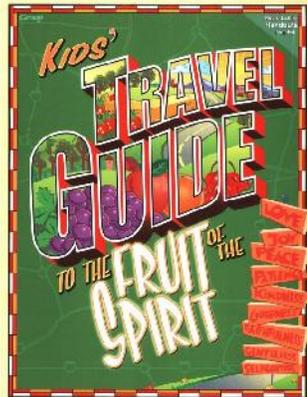
- Empty spray bottles
- 1 cup water per bottle
- 4 Tablespoons cornstarch per bottle
- Food coloring

### What you do:

1. Remove the lid from each bottle and pour in the water and cornstarch.
2. Replace the lid and shake the bottle to dissolve the cornstarch completely.
3. Add drops of food coloring to achieve the desired color.
4. After building a sand castle, spray it with your colorful mixtures.

# Children, Youth, & Family Ministries

Cara Ann Maeda



## Summer Sunday School

Learning more about the Holy Spirit and the FRUIT that is produced by the Spirit!

All children combined into one class for fun fellowship and learning!

Invite neighbors, family, and friends! Come learn with us!

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## *Parent's Night Out!*

Saturday, July 26<sup>th</sup> 5:00-8:00pm

Open to all ages

Dinner provided (the menu will be communicated beforehand)

Children and activities will be supervised by adults, keeping a 4:1 ratio.

To end the night and to start the calming down process, a video will be shown.

There are a LIMITED number of spots for participants! Be sure to sign up early before it fills up!

We kindly ask for a small monetary donation to help with the cost of dinner and supplies.

This can be given at the event. Thank you!

Please RSVP by Tuesday, July 22<sup>nd</sup> to Cara Ann Maeda

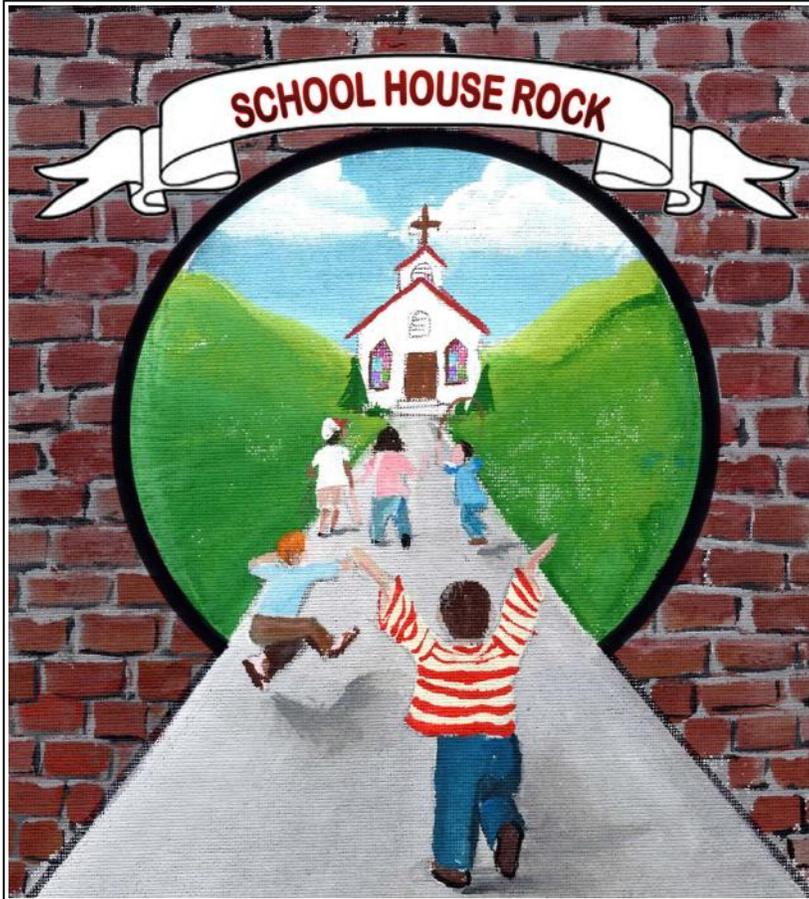
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## Volunteers Needed for Parent's Night Out!

We need people to... Run activities or crafts  
Prepare and serve dinner  
Hang out with the children  
Care for the infants

Minimal time commitment and a lot of fun!

If possible, we kindly ask that volunteers attend the planning meeting on Tuesday, July 22<sup>nd</sup>. Please contact **Cara Ann Maeda** or **Steve Wood**.



# Vacation Bible School 2014

August 4<sup>th</sup>-8<sup>th</sup>

9am-12pm

Age 3 through 8<sup>th</sup> Grade

Visit

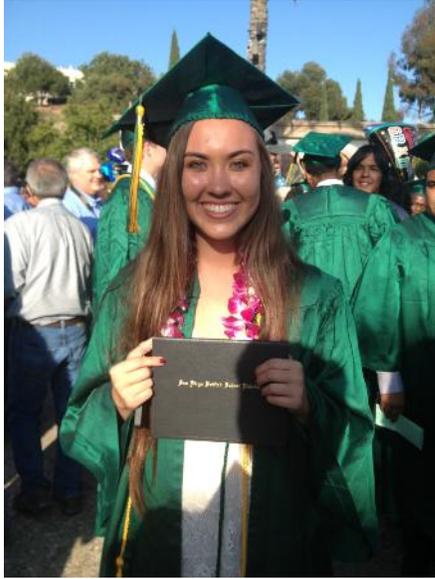
[www.faithChurchsandiego.org](http://www.faithChurchsandiego.org)

for more info!



On Father's Day the children honored all of the men in the church with a chocolate mint and a label saying "You are one cool guy!"

Congratulations High School Graduates!!



**Kira Goode**  
Patrick Henry High School  
Advancing to University of Arizona  
Majoring in Biology

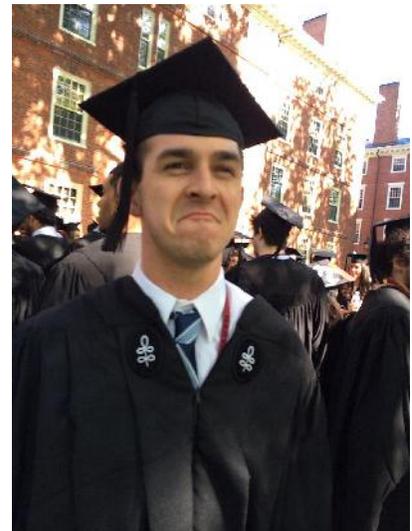


**Chrysta Patterson**  
Grossmont High School  
Advancing to Grossmont  
Community College

Congratulations Higher Education Graduates!!



**Alex Crownhart**  
University of California, Irvine  
Bachelor of Arts in Social Policy and Public Service  
Minor in Psychology and Social Behavior



**Peter Bestoso**  
Harvard University  
Bachelor of Arts in Computer Science  
Minor in East Asian Studies

# College Ministry

By Cara Ann Maeda

## CELEBRATING THE SCHOOL YEAR!! –

The College Committee hosted a “College Ministry Fiesta” to celebrate a wonderful school year! This fun and delicious lunch was for the whole congregation to say “thank you” for the incredible support through donations, time, and prayers. A picture slideshow also gave us great visual reminders of the many different events and activities we were able to do this past school year. It has been an exciting school year and we look forward to what God has in store for us for next year!



## **THANK YOU STAFF!**

The College Committee also hosted a lunch for the church staff as a “thank you” for their support of the MANY activities throughout the school year. Cooked by Joe Huffaker, the staff and committee members enjoyed this delicious lunch and time of fellowship!



## **THANK YOU COLLEGE COMMITTEE!**

And after the committee has thanked everyone else, we say, “THANK YOU College Committee!!!” All of you have shown incredible hospitality, have worked many hours, and have done great things to grow this ministry and impact the lives of so many people. Great job and thank you!

### **College Committee Members:**

Sarah Scardino (Chair)  
Al Cass (Elder)  
Fran Cass  
Stu and Irene Elder  
David and Marilyn Helkenn

Julie Hudson  
Bobbie McKee  
Tom Rowe  
Janet Sansom  
Peter and Arlene Way



# Congregational Life

## **DIRECTORY CHANGES**

*Flower Harvey—new email address*

*Howard Harvey—new email address*

*Kaitlyn Sartori—new address and phone*

**Please call the church office for details.**

### ***Financial Report of Monthly Pledges***

	<u>April</u>	<u>May</u>
Budgeted:	\$30,013	\$30,013
Actual:	\$27,237	\$27,819

### ***Per Capita***

2014 Assessment: \$6,918

Received: \$3,845

## **From the Deacons**

The TLC birthday celebrations in July are:



**Shirley Lockhead - July 3**

**Carolyn Emmons - July 5**

**Kit Crane - July 9**

## ***Thank-you's***

*A Belated Thank You from the Taxers. We want to express out thanks to all of you for your visits, food, prayers and good wishes for Mikel and I during his illness. It meant so much to us and helped us get through the difficult time.*

*With love and gratitude,  
Carolyn and Mikel*

## ***All Church Camp -***

We're going camping at William Heise County Park in Julian from September 26-28.



Reserve your own campsite or cabin near Site #42 or Camp Loop #2. Contact Steve Wood or Cara Ann Maeda with any questions.

**Come join us!**

*A very belated thank you to everyone who responded to my chemo treatment and after effects over the last 9 months. To everyone who prayed for me, called me, or sent me a card. A special thanks to those who provided food for my family, Fran and Al did a great job organizing them. I am feeling better all the time.*

*Judy Lafferty*

**Free Caregiver Seminar – Friday, July 18 – 9:30 am to 2:30 pm  
College Avenue Baptist Church. 4747 College Ave.**

Are you providing care for a family member or friend? Are you concerned for the well being of a parent?

The CAREGIVER COALITION of San Diego is presenting a free caregiver event:

**FINDING THE BALANCE IN CAREGIVING**

Resource Booths, Giveaways, Great Educational Programs

Lunch Provided

**Educational Seminars, including:**

- ◆ What to Do When Dementia Hits Home
- ◆ Caring for Yourself as the Family Caregiver
- ◆ Aging Loved Ones: When and How to Help
- ◆ Fall Prevention and Home Safety
- ◆ Wise Use of Medications
- ◆ Legal Strategies for Caregivers



Please register by calling: 1-800-827-4277, or, visit: [www.sharp.com](http://www.sharp.com)

For additional information on free events provided by the Caregiver Coalition of San Diego, please visit: [www.CaregiverCoalitionSD.org](http://www.CaregiverCoalitionSD.org)



**SUNDAY FLOWERS**

We still have several Sundays that are open to celebrate your favorite or most important occasion/event, to remember a loved one, or to honor someone with flowers. Each bouquet is \$50. You can split the cost with someone also. Please don't forget to tell the office what the flowers are for so that it can be properly printed in the bulletin.

Thank you. Any questions, see Sharon Cameron

*Vanguard Presents*

**The SOUND of MUSIC**

July 11  
8 pm

Music by RICHARD RODGERS  
Lyrics by OSCAR HANSEN/STEIN III  
Book by HOWARD LINDSAY and RUSSEL CFOLUSE  
Suggested by "The Tapp Family Singers"  
by Marie Augustin 1999

DIRECTED BY JERRY MONROE  
MUSICAL DIRECTION BY PAMELA MONROE

A group from Faith will be attending the Westminster Presbyterian Church's Vanguard Theatre production of "The Sound of Music" on July 11 at 8:00 p.m.

**The price is \$16 for adults,  
\$12 for seniors and students  
\$9 for children.**

If you would like to join the group, please contact Beverly Martyn for availability of tickets. This is the Catamaran Mariners activity for July.

WESTMINSTER THEATRE, 3558 TALBOT ST. POINT LOMA, CA 92106

# Women's Retreat 2014

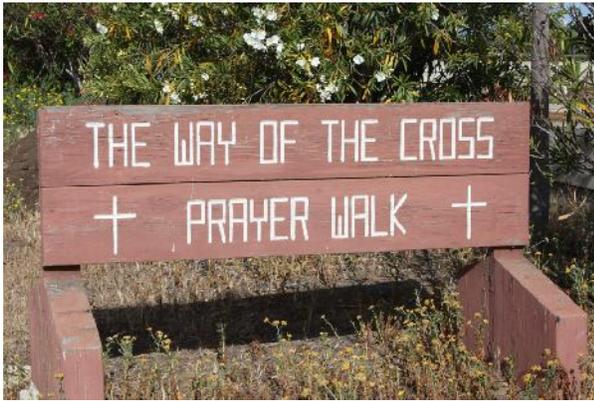
A wonderful time was had by all who were at the Women's Retreat on a beautiful Mother's Day weekend. It was held in a new location, which was given glowing praise by all.



The locale was beautiful, the food was yummy and the beds comfortable.

It was agreed that Carla Euliss' leadership was awesome - and we learned, laughed and enjoyed getting to know one another better.





Jill Gustafson led us all in creating wonderful prayer journals.



Please mark your calendars now for next year! The retreat will be held at the same location: The Prince Of Peace Abbey and the dates will be June 12 - 14, 2015.



# Food for Thought

(A helping of words)



## Reflections

by Joan Madler

My brother John was amazing in many, many ways. He had a stellar career, where he started as a classroom teacher with the Calgary School District. He moved on to being a vice principal, then a long-haired hippy principal, a superintendent, and then coordinator of staff development. He left the District to lead seminars on Cognitive Coaching. The seminars were to help teachers discover new ways to inspire their students to learn. He was still leading the seminars when he was diagnosed with colon cancer. As you can see during all those years he would have impacted many, many lives in a positive way.

Along with the serious, dedicated teacher side of his personality was the off-the-wall comedic ridiculous side. He was totally uninhibited and while his antics probably embarrassed his family, John would do almost anything to get a laugh anywhere any time. Laughter can also impact lives in a positive way.

Cousins are now going to the same gym as John did before his death. They received the following, which illustrates that there are many ways to impact the lives of others:

### *Acting on Defining Moments*

*You ever have those moments in your life where something occurs that completely shifts the way you think and act? I wanted to share a story of my own profound defining moment. I had just left home to begin pursuing a training opportunity in Calgary. This was an interesting time for me as it was a period of insecurity associated with a new gym, a new city, and the first time away from my family.*

*One of my first clients was a gentleman named John. He had come to me because he was looking to make some lifestyle changes in order to drop a little bit of weight as well as reduce his blood pressure. As I began training John, I realized that his agenda was far different from mine. While my effort was putting John through a well thought out workout, this effort was often side-*

*tracked by addressing and chatting with just about every single person on the gym floor that he had gotten to know. We would work out, but our sessions often turned into a lot of laughing, joke and story telling in between some often extended intervals of rest. While this worried me at the beginning, it opened my eyes to something that often gets overlooked as a somewhat green trainer. Communication and relationship building are BIG dark horses in a fitness program. John did lose weight, and got his blood pressure completely under control. At the time I didn't realize it, but it had everything to do with the environment he had created for himself in the gym.*

*In the summer of 2008 he came to me with some bad news. He had been diagnosed with colorectal cancer that required surgery as well as treatment. To catch me up as I had been out of town while he was recovering, he sent me an email. He was letting me know that his surgeon wanted him to let me know that if he had not been in the condition that he was in, he may not have made it through the surgery. To this day I remember reading that email as it had knocked me back. I always loved exercise and at the time I had just begun finding my own way in the gym. However, it was this email that made me realize that this is what I am meant to be doing. His story is a constant reminder to me of why I do what I do and why I wouldn't change it for the world. Here is what John wrote:*

On a regular basis we are challenged to live in the manner of the "Christians" that Jesus died to save. If it is true that instead we present, as the 16 to 29 year olds around us see us, people who are homophobic, judgmental and hypocritical, is it any wonder that church membership and Christianity in North America is declining? I actually do think that most of us can be homophobic, judgmental and hypocritical on occasion. So the big question is, how do we change our behavior to present the Christian that Jesus died for and impact the lives around us in a positive way? The answers are in the Bible. Let us seek them out and do our best to prove the 16-19 year olds wrong. It's not going to be easy but a starting place might be:

Galations 5:22

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness (generosity) faithfulness, gentleness and self control.

## Pew View

### Julie Hudson's Viewpoint

Imagine you are part of a group waiting for a special guest to arrive. All have waited for a long time; arrival is expected soon. However, it is stormy; people are fearful. It is dark, rain slashes against the windows, wind howls. Many accidents have been reported.

Faces of your companions waiting are tense and anxious. You realize your face probably shows your concerns and fears also. Whenever a car is heard, all stop to listen, holding a breath, hoping the expected one is arriving, but then, the car passes. Quiet tension grows. At last, a car slows and stops; steps heard and a familiar voice calls from the door. Joyful greetings replace anxiety. Spirits soar and enthusiastic fire fills all in the room.

The disciples were tense and anxious. Jesus had promised an advocate, then came the rush of wind and fire. With Pentecost, the fears and confusion of the disciples were changed by the power of light and fire. Life was changed, values became clearer—not just for the lifetime of the disciples, but for decades to come.

At a recent worship, Pastor Chris selected lines from The Brief Statement of Faith for Affirmation. Following are a few lines from that creed affirming the power and presence of the Spirit the disciples knew at Pentecost:

*We trust in God the Holy Spirit,  
everywhere the giver and renewer of life.*

*The Spirit justifies us by grace through faith,  
sets us free to accept ourselves and to  
love God and neighbor,  
and binds us together with all believers  
in the one body of Christ, the Church.*

# Stay Connected!

Check out the  
new church website  
and become a "Follower."



<http://www.FaithChurchSanDiego.org>



"I was reading about eternity on the Internet and accidentally hit 'enter.'"

# *Faith Presbyterian Church*

5075 Campanile Drive  
San Diego, CA 92115

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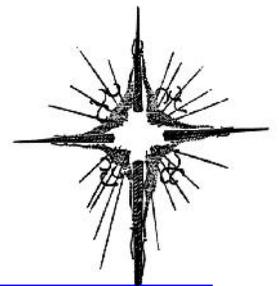


## *Faith Presbyterian Church*

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Website: [www.faithchurchsandiego.org](http://www.faithchurchsandiego.org)



**Pastor:** Rev. Dr. Chris Lenocker  
**Spiritual Director:** David Helkenn  
**Director of Music Ministry:** Joe Rodriguez  
**Accompanist:** Rhonda Fleming  
**Director of Youth, College and Family Ministries:** Cara Ann Maeda  
**Media Ministry Director:** Kevin Maeda  
**Preschool Director:** Kathie Baldwin  
**Custodian:** Jesus Esquivel  
**Sexton:** Robin Craig  
**Office Administrator:** Lou Castillo  
**Newsletter Editor:** Flower Harvey

Trees that are slow to grow  
bear the best fruit.

— Molière

**DEADLINE FOR NEXT MONTH:**

 **july 17**