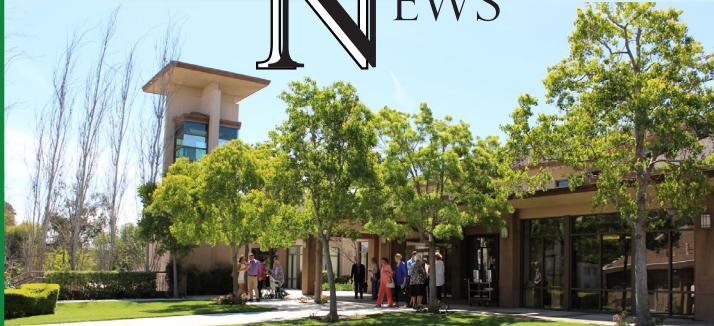


# FAITH FAMILY NEWS



## Faith Presbyterian Church Monthly Newsletter

### From Pastor Sam

#### *A Journey of Faith*

I am often reminded of how much we need each other on this journey of faith. Perhaps, there are legs of the journey we may suppose that we can walk by ourselves, but it sure seems better with friends. In the past weeks and months, I have been filled with gratitude as I have witnessed members and friends of Faith Presbyterian support one another in the midst of sorrow and joy. We do need each other on this journey.

During the fall months, we have been following Sarah and Abraham in the book of Genesis on their expedition of faith. They embrace a calling into blessing, a calling into family and land, through which they will bless their neighbors. They pitch their tents in occupied territory and must sort out their relationships with their neighbors.

The Old Testament scholar, Walter Brueggemann, observes, "It is the hope of God that in this new family all human history can be brought to the unity and harmony intended by the One who calls." But their story is hardly that straightforward.

Much of their story involves trusting God in the midst of lingering promises, unfulfilled hopes, and looming questions. And that is what makes theirs a journey of faith, "the assurance of things hoped for,

the conviction of things not seen" (Hebrews 11:1). As people of faith, we often live in this tension between the present and the hoped-for future.

The Austrian poet, Rainer Maria Rilke, wrote, "Be patient toward all that is unsolved in your heart and try to love the questions themselves, like locked rooms and like books that are now written in a very foreign tongue...Live the questions now. Perhaps you will then gradually, without noticing it, live...into the answer."

As we seek to cultivate an ethos at Faith that supports, nurtures, and challenges individuals to grow all along life's way, I cherish the gift of sharing this journey with each of you. At various stages, we ask different questions and yearn for different answers. I delight in the gift of being your pastor and sharing in your questions and hopes.

Our journey continues with Advent on the first Sunday of December. We will begin another genesis story, the Gospel of Matthew. Advent teems with beautiful music, iconic vignettes of hope, and an abiding reminder of love incarnate. It is one of my favorite seasons of the year.

As we look forward to Advent and the coming year of life and ministry together at Faith, may we dedicate our hearts and hands and feet in service of God and one another on the journey ahead.

Grace and peace,

Sam

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**"Now faith is the assurance of things hoped for, the conviction of things not seen. <sup>2</sup>Indeed, by faith our ancestors received approval. <sup>3</sup>By faith we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible."**

Hebrews 11:1-3 (NRSV)

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## COLLEGE PARK PRESCHOOL

WHERE IMAGINATION SOARS

Hello FFC families,

This month we introduce the Art Studio with information from our Art Studio Teacher, Karen Schaeffer. The Art Studio is one of the children's spaces at the preschool. Karen explains what children learn when they engage in art activities.

Best regards,  
Nancy McGeath  
CPP Director

### Art Studio



Welcome to a new year in the Art Studio at College Park Preschool. I'm sure you've looked at some of the pieces that have come home from school and thought, "Where are the colored fall leaves, or jack-o'-lanterns?" In the art studio, we emphasize process art over produced crafts and I wanted to take a moment to explain why I think this is so important for the children and what that actually means.

Process art is art that emphasizes the 'process' of making art over the end product. It is really all about the experience the children have while they're creating. If it has a nice end product, that's great, but the end product isn't the focus of process art. Process art helps children build self-expression and creative skills since there are no instructions, or steps to follow.

It helps them feel pride in their work, and build self-esteem, since what they've made is totally unique and entirely their own creation. It helps build cognitive skills of predicting, planning and problem-solving. It also encourages language skills when children talk about their work. While many of the pieces that go home aren't recognizable "pictures", they represent your children's creative brain exploring the world as they see it.

If you'd like to encourage your child's creative side at home you can do simple things like providing a variety of materials they can experiment with. Give them plenty of time to explore and create. Say "yes" to some of the wacky, but creative, ideas they come up with. When your child shows you their work rather than just say "I love it!" (which of course you do!), ask them to tell you about it or give specific feedback like "Wow, look at all the red you used, it is so bright!". Knowing you've taken a moment to look and consider their work will encourage them to take time on their next creation.

**Karen Schaeffer  
Art Studio Teacher**



# Holiday Mission Fair

SUNDAY, NOVEMBER 3RD  
FAITH FAMILY CENTER

On Sunday, November 3<sup>rd</sup>, following our worship, we will again be holding our annual Holiday Mission Fair in the Faith Family Center. Joining us will be representatives from 7 different mission groups. We will also have hand-made crafts from 3 companies for sale. All of these crafts are made in their local countries by local artisans. They make wonderful Christmas gifts, as does a donation to one of the mission groups. Come, see what's new this year, and start your holiday shopping early.



## THANKSGIVING ANONYMOUS

Five thousand breathless dawns all new,  
Five thousand flowers fresh in dew,  
Five thousand sunsets wrapped in gold,  
One million snow-flakes served ice cold,  
Five quiet friends, one baby's love.  
One white mad sea with clouds above,  
One hundred music haunted dreams,  
Of moon-drenched roads and hurrying streams,  
Of prophesying winds and trees,  
Of silent stars and browsing bees,  
Of June night in a fragrant wood.  
I wondered when I walked at day  
How--- in God's name---I would ever pay.

# Faith Family Life

## DEATHS

Michael Flynn

Passed away on September 24<sup>th</sup>

Thank you, dear Faith family,  
for making my 98<sup>th</sup> birthday  
so special!

Bless you!

Helen Musil



## DATES TO REMEMBER

November 3rd - Daylight Saving Time Ends

November 3rd - Holiday Mission Fair - 11:00am - FFC

November 10th - Deacons Meeting - 11:00am

November 11th - Veterans' Day - Office Closed

November 15th - Family Movie Night - 7:30pm - FFC

November 17th - Session Meeting - 11:00am

November 18th - Hot Dog Stand Setup - 10:00am

November 21st - Newsletter Deadline

November 24th - Congregational Meeting - 11:00am

November 28th & 29th - Thanksgiving Holiday - Office Closed

## NOVEMBER BIRTHDAY

Kate Cameron - 8<sup>th</sup>

Shoana Sikorsky - 10<sup>th</sup>

Michelle Crownhart - 11<sup>th</sup>

Rick Tobin - 13<sup>th</sup>

Joe Rodriguez - 14<sup>th</sup>

Heidi Modrusan - 16<sup>th</sup>

Nancy Flynn - 21<sup>st</sup>

Evelyn Meyer - 22<sup>nd</sup>

Beverly Martyn - 27<sup>th</sup>

If you would like to see your birthday listed in the newsletter with just the day, not the year, please email that information to Joe Rodriguez (jcr14@att.net).

THE FLOWER CHART  
FOR 2020 IS UP IN  
THE NARTHEX



THE CHANCEL FLOWERS

THE FLOWER  
CHART IS UP  
IN THE NARTHEX

THE CURRENT  
PRICE IS \$75.00.  
JUST A REMINDER  
THAT THE COST OF THE  
FLORAL ARRANGEMENTS  
CAN BE SPLIT WITH  
ANOTHER MEMBER.

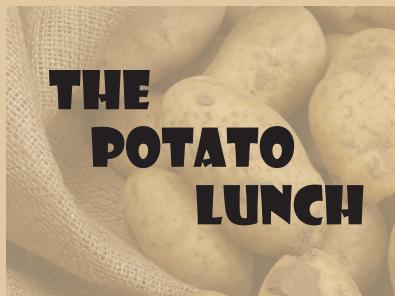
SHARON CAMERON  
FLOWER MINISTRY

COME

TRY OUR WEDNESDAY MORNING BIBLE STUDY

LED BY PASTOR SAM

10:30AM - 11:30AM IN ROOM 2



**THE**  
*All Church Christmas Dinner*  
**IS BACK**

FOOD - FUN - FELLOWSHIP  
----- \$20 -----

FRIDAY, DECEMBER 6<sup>TH</sup>

WATCH THE BULLETINS  
FOR FURTHER DETAILS

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# CONCERT OF CHRISTMAS MUSIC

CELEBRATING THE BIRTH OF CHRIST

FEATURING

Faith Sanctuary Choir - Faith HandBell Ensemble - String Ensemble  
Martha Lenocker, soprano - Richard Seward, tenor  
and carol singing by you

Director of Music Ministry/Organist - Joe Rodriguez

SUNDAY, DECEMBER 15, 2019 - 7:00 P.M.

FAITH PRESBYTERIAN CHURCH

FREE WILL OFFERING - RECEPTION AFTER THE SERVICE  
CHILD CARE AVAILABLE (CALL CHURCH IN ADVANCE 619-582-8480)



--- BY KATHY HAYS ---

## ----- THE WILSONS ----- CRAIG, KIM, ALASTAIR, EWAN

If you don't know who Alastair and Ewan Wilson are, just take note during Sunday service when it's time for the Sermon on the Steps. Almost as soon as Pastor Sam finishes asking the children to come forward, these two livewires are already beside him, having sprinted from their seats in the congregation with Mom and Dad! Although this young family is relatively new to our congregation, we're getting to know them quite well – the active two lads may have something to do with that as they really do get around! How did this young family come to be in the first place, since Mom Kim grew up in Cincinnati, Ohio and Dad Craig is from southwest Scotland? The way they tell it, their meeting was just by chance on a night out in Cincinnati.

Kim grew up in Cincinnati, where she lived with her parents, younger brother and sister. They spent their summers in upstate New York and northern Michigan with their grandparents and cousins. She played flute in concert and marching band through high school and volunteered at Cincinnati Symphony concerts. At Georgetown University in Washington, DC, she majored in Japanese. She also attended a language camp in Minnesota at Concordia College.

Craig was born in Ayrshire and lived there with his parents and older brother. His parents were both teachers – his mother taught math and his father was an art teacher. From age nine to around eighteen, Craig was active in the Boys Brigade, an organization very similar to the Boy Scouts (the organization originated in Glasgow). Craig became a junior officer and earned the Queen's Badge (similar to Eagle Scout). In 1994 he attended a Boys Brigade Royal Review at Windsor Castle, where he almost met the queen

personally (you'll have to ask him about that!). At the University of Strathclyde in Glasgow, Craig majored in mechanical engineering, also studying in Aix-en-Provence, France for a year. After school, he started working in the aerospace industry and was based in England, Switzerland and then Cincinnati, where he and Kim met on a random night out on the town. It was shortly after meeting that Craig decided he'd stay in Cincinnati for a couple more years!

The couple married in 2007 and moved to the UK, where they lived for eighteen months before Craig was offered a job in San Diego. They moved here in 2009 and Alastair was born in 2010. In 2012, they moved to the college area where Ewan was born in 2013. They found out about our Parents' Night Out, enjoying the benefits of some down time without the boys, but deciding that they should come to a worship service and check out the church (they were going to a Mission Hills church at the time). They liked Pastor Gary and the church, and soon joined our Faith family.

Kim has many interests and hobbies, among them gardening, knitting and crocheting and she belongs to a book club. She and Craig are also fans of the Outlander series on Starz (along with a few more of us at Faith!), based on the series of books by Diana Gabaldon. Craig is quite musical and Joe has had him accompany the choir and congregation on guitar and banjo during worship. He's also played cornet and tuba and was in brass bands in the UK. He taught himself to play banjo when he was fourteen. "I was off school for seven weeks with a broken leg so had

continued on page 7



# CHILDREN - YOUTH - FAMILY MINISTRIES

## NEWS

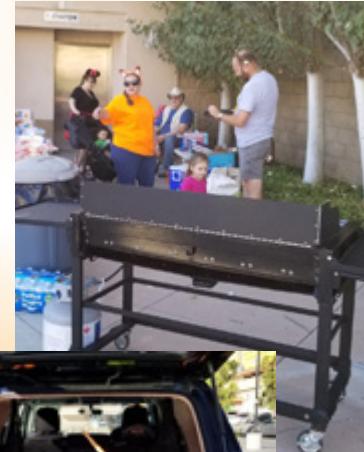
SARAH HARVEY, DIRECTOR



## TRUNK OR TREAT



Trunk or Treat was a huge success! Many families attended and were greeted with a warm welcome, hot dogs and hamburgers, and of course lots of candy! Thank you to all who donated candy and especially those who volunteered at the event! A fun time was had by all!



### PEOPLE OF FAITH continued from page 6

lots of time to practice!" Besides his guitar and banjo (factory-made in Louisville Kentucky – the heart of bluegrass), he also owns a Gryphon, which he explains is a small bodied, high-tuned 12 string guitar. Look for more of Craig and his musical talents on display during worship!

The whole family loves traveling and camping and especially enjoys our national parks, where the boys collect junior ranger badges. They also like going to the zoos here and when traveling, and enjoy exploring marble caves. They're hoping to visit Carlsbad Caverns soon. Alastair loves soccer, rugby, and Formula One and Ewan likes artwork and building things. They both enjoy fishing, too, although Alastair would prefer releasing rather than eating them! The boys are in charge of taking care of Phoenix and Phantom, the family cats – a responsibility their parents make sure they take seriously.

Our church is in need of more young families so we're sure glad the Wilsons decided to bring their boys to that Parent's Night Out and then took the next step of coming to a worship service. Let them know how happy you are that they decided to make Faith their church home next time you get the chance – and if you can get Alastair and Ewan to stand still long enough!

## Financial Report 09/30/2019

Envelope Offering for September 2019 was \$38,970.30

Envelope Offering monthly budget 2019 is \$25,529.83 per month

Have you paid your Per Capita?

### Budget

% of Per Capita



86%

### Summary

Total Per Capita

\$7,209

Total Income as of 08/31/2019

\$6,200

### Contributions Information:

As the end of the year approaches anyone who would like to review the status of their 2019 giving may contact Beverly Martyn for an update. The 2020 envelopes will be renumbered. They will be available by the first Sunday in January. Please discard any unused envelopes from 2019. Using the envelopes for your offering makes the job of the counters and recorder easier.

Statements of Giving for 2019 will be available by the middle of January.

Beverly Martyn 619-582-2186

## SERMONS FOR NOVEMBER

November 3rd Pastor Sam - Confirming the Promise

Genesis 15: 7-21

November 10th Rev. Daniel So (guest preacher)

November 17th Pastor Sam - A Test of Faith

Genesis 21: 1-19

November 24th Pastor Sam - A Promise Fulfilled

Genesis 24: 1-9, 62-67

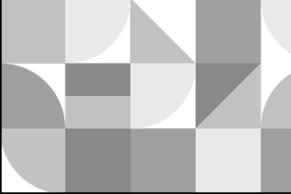
## CHRISTMAS JOY OFFERING

DECEMBER 22<sup>ND</sup>, 2019

By giving to the Christmas Joy Offering, you honor God's gift of Jesus Christ by providing assistance to current and retired church workers in their time of need and developing our future leaders at Presbyterian-related schools and colleges equipping communities of color.

The Christmas Joy Offering has been a cherished Presbyterian tradition since the 1930s. The Offering distributes gifts equally to

the Assistance Program of the Board of Pensions and to Presbyterian-related schools and colleges equipping communities of color. The Assistance Program provides critical financial support to church workers and their families. Presbyterian-related schools and colleges provide education and leadership development while nurturing racial and ethnic heritage. This has been a Presbyterian commitment for nearly 140 years.



## FROM THE FAITH'S SPIRITUAL DIRECTOR, DAVID HELKENN

Marcy, 59 and recently widowed, struggled with her faith. She has always believed in the Trinity and the church's teachings about sin, forgiveness, and love. But lately, since the death of her husband and, as she ages, she is having second thoughts on related matters. She confided, "I feel like my relationship with God is going nowhere. My prayers seem dull. Reading the Bible, especially the Old Testament, leaves me more confused than ever. Worship feels uninspired and I don't know what to do."

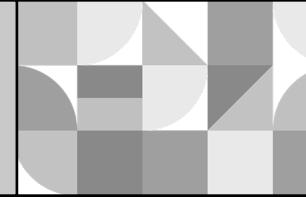
This caused her much confusion and anxiety. She wanted to discuss her thoughts and feelings... but with whom? She had no family or friends close enough to go into such deeply personal items of faith. Going to the pastor seemed too much of an imposition. She decided to talk to the church's Spiritual Director instead. Since David Helkenn is the volunteer Spiritual Director at Faith. (He prefers the term "Spiritual Companion,") she called the church office to schedule an appointment.

Many of you know David and personally helped him in his own journey of faith. Some of you even helped him financially or by serving as his practicum subjects. He received his training through the Center for Christian Spirituality at the University of San Diego, earning his certificate in 2011. Since then he has led prayer groups, taught Adult Ed. classes on spiritual growth and led seminars on challenging scripture passages. He has led prayer teams and held one-on-one private sessions, both in-person and by phone.

As one travels that personal spiritual journey, one can experience bumps and detours. Often in times of confusion, uncertainty or feelings of isolation and aloneness may arise, especially when encountering life's more stressful events, life-changing situations, and perplexing questions. Being aware of God's presence in one's life, recognizing the actions of the Holy Spirit, and responding appropriately can take the back seat as one adjusts to life's ever-changing circumstances.

A Spiritual Companion can be a significant resource when addressing your personal relationship with God. You needn't wait for obstacles and troubles to arrive before seeing a Spiritual Companion. You can engage a companion at any time. If you wish, call the church office (619.582.8480) and leave a message for David. He will be notified and will respond to arrange your personal sessions, or, if you prefer, provide the name and contact information for someone else.

## MISSION COMMITTEE NEWS PEACE AND GLOBAL WITNESS SPECIAL OFFERING



Faith retains 25% of the special offering we recently collected to be used locally for peace and reconciliation. Two recipients who will share 75% of the offering are Tariq Khamisa Foundation (TKF) of San Diego and San Diego Restorative Justice Mediation Program (RJMP). TKF is named after Tariq, a 20-year-old SDSU student killed by Tony Hicks, a 14-year-old gang member in 1995. Tariq's father Azim Khamisa started the foundation in honor of his son. Azim, in an act of grace and forgiveness has been working since 1998 to get Tony paroled. Azim and Tony's grandfather Ples Felix started meeting with students in San Diego schools, telling their story to end youth violence. Azim saw victims on each side of the gun. He has committed his life to end youth violence by teaching and inspiring forgiveness, hope and peace, empowering students to make positive choices.

The Foundation has reached 500,000 students and since Tony was paroled in 2018, he will also work for the foundation as well as Tariq's sister. You can read Tony's heartfelt words about his experiences in and out of prison on the website TKF.

RJMP was founded in 1993. It began as a faith-based organization started by retired school teacher Pearl Hartz and other people of faith concerned about finding a better way to address juvenile delinquency. Although no longer identified as a faith-based organization, RJMP continues to operate San Diego County's only Victim Offender Dialogue Program for crime victims, offenders and their families. Trained volunteers help juvenile and adult offenders recognize the damage their crimes have done and helped them reconcile with their victims and themselves. There are also Inmate Education Groups in correctional facilities and a vision of using Restorative Justice practices in schools rather than expulsions and suspensions. The goal is to reduce the school-to-prison pipeline. You can read testimonials on both websites TKF and RJMP.

## Women's Group Bible Study

Third Saturday of the Month  
November 9th (this month only)  
FPC, Library  
6:30pm  
Study the Bible

Bible Study  
Wednesday Mornings  
FPC, Room #2  
10:30am - 11:30am  
Study the Bible

## Men's Breakfast

Monday Mornings  
Living Room Cafe  
7:30am - 8:30am  
Pray  
Eat  
Fellowship

## SOME OF OUR FELLOWSHIP GROUPS

Tuesday Eves  
Every Other Tuesday  
November 5th  
FPC, Library  
7:00pm  
Study the Bible

## Women's Circle

Second Thursday of the Month  
November 14th  
FPC, Room #3  
10:30am

# MORE WORDS OF WISDOM FROM THE DESK OF THE FAITH PRESBYTERIAN CHURCH FACILITIES & MAINTENANCE / CUSTODIAL DEPARTMENTS

## FACILITY USE REQUEST PROCEDURES

Going forward, the current church procedure in place is to be followed more stringently in order to eliminate as many duplicate request for use of the church facilities for all groups.

Any and all groups are welcome to request use of church facilities.

Step No.# 1: "Facility Use Request" documents MUST be submitted for approval a minimum of 10 days prior to requested date of use of facility.

Step No.# 2: Contact Lou (Church Administrator) to determine if the particular facility is available for use. If that particular facility is available, Lou will provide you with a "Facility Use Request" document.

Step No.# 3: Complete the "Facility Use Request" document COMPLETELY and then submit it to Sharon Gehl (Facilities Committee Chair Person). She will review the request to ensure it is within the church's guidelines and upon "approval" will notify you and inform Lou to place the use of the requested facility on the church calendar.

Step No.# 4: Lou will place the request on the church calendar. Lou is designated as the only person to place facility use request on the church calendar.

Step No.# 5: The person requesting use of the facility MUST set-up a meeting with Roger Moses to determine the accuracy of the "Facility Use Request" document and to ensure that he is clear as to exactly how you wish for the facility to be set-up. Contact Lou at the church office (619-582-8480) to schedule the meeting with the Roger. This meeting MUST take place prior to the actual date of the scheduled use of the facility.

THANK YOU FOR YOUR COOPERATION

ROGER MOSES / FAITH PRESBYTERIAN CHURCH / FACILITIES & MAINTENANCE

# FUN FOR THE KIDS

## GRATITUDE game

Start a fun tradition by playing this game on Thanksgiving.

**What you need:**

- M&M's or other colored candies
- A bowl
- The list below (adapt the colors, as needed)

**Red:** a need God has provided for  
**Orange:** a gift you've received  
**Yellow:** something you've recently learned  
**Green:** something in nature  
**Blue:** a special memory  
**Brown:** someone you love

**What you do:**

1. One at a time, people pick a candy and share what they're thankful for (according to the color).
2. Pass the bowl around and continue reflecting on God's goodness until all the candy is gone!

## PUZZLE

### A feast of praise

Throughout the Bible, God's people give thanks and praise for his goodness.



*Directions: Draw lines to match the scriptures (all NIV) with the correct speaker.*

"I thank my God every time I remember you." Philippians 1:3	Hannah
"My soul glorifies the Lord and my spirit rejoices in God my Savior." Luke 1:46-47	David
"He is my God, and I will praise him, my father's God, and I will exalt him." Exodus 15:2	Mary
"My heart rejoices in the LORD." 1 Samuel 2:1	Paul
"I will praise God's name in song and glorify him with thanksgiving." Psalm 69:30	Moses

Answers: Philippians 1:3, Hannah; Psalm 69:30, David; Luke 1:46-47, Mary; Exodus 15:2, Moses; 1 Samuel 2:1, Paul; Psalm 69:30, David; Luke 1:46-47, Mary; Exodus 15:2, Moses;

**FAITH PRESBYTERIAN CHURCH**

5075 Campanile Drive

San Diego CA 92115

RETURN SERVICE REQUESTED

**FAITH PRESBYTERIAN CHURCH**

5075 Campanile Drive

San Diego, CA 92115

(619) 582-8480

Email: [office@fpsd.org](mailto:office@fpsd.org)

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Pastor: Rev. Sam Codington

Spiritual Director: David Helkenn

Director of Music Ministry: Joe Rodriguez

Media Director: Betsy Bestoso

Children, Youth and Family: Sarah Harvey

Preschool Director: Nancy McGeath

Custodial/Maintenance Worker: Roger Moses

Sexton: Robin Craig

Office Administrator: Lou Castillo

Newsletter Editor: Joe Rodriguez

GIVE THANKS TO  
THE LORD, FOR  
HE IS GOOD.  
HIS LOVE ENDURES  
FOREVER.  
PSALM 136:1

Send all submissions to  
Joe Rodriguez, editor  
[jcr14@att.net](mailto:jcr14@att.net)

**DEADLINE FOR  
NEXT  
MONTH**

**NOV  
21**

