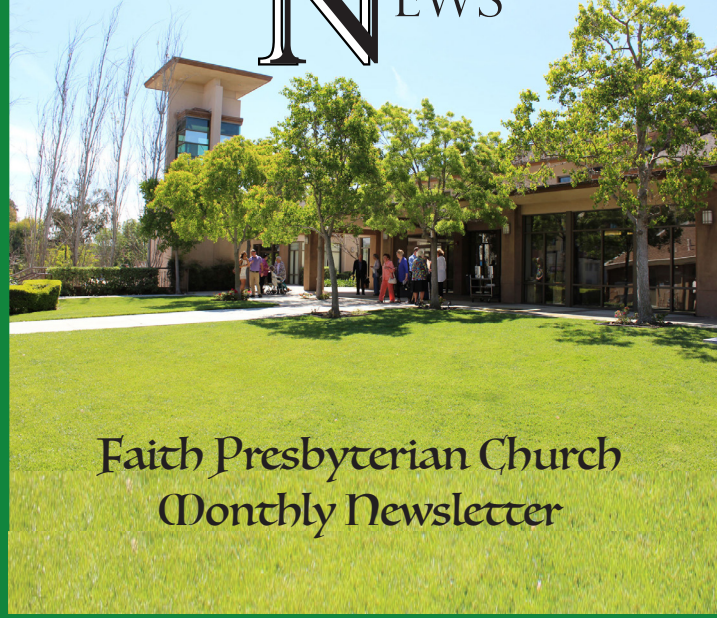


FAITH FAMILY NEWS



Faith Presbyterian Church Monthly Newsletter

From Pastor Sam

Meeting New People, Making New Friends

During September, Faith hosted a Discerning Missional Leadership Assessment event. This event is for people who are discerning whether they are called to plant new churches. Starting a new church can be more than a little difficult, and it is truly a calling.

At lunch, one of the coordinators for the Discerning Missional Leadership Assessment event asked me, “What gives you joy right now?” I said without hesitation, “On an average day, I meet so many beautiful and fascinating people. I love that.” I surprised myself with what I said and with the quickness of my response, but it is exactly how I feel.

While we have been reading *Together* by Dr. Vivek Murthy on Tuesday evenings, I have also found myself paying more attention to the reality of loneliness that encircles us every day. Loneliness touches all of us, and loneliness is one way our bodies tell us that we need human connection.

The covid pandemic limited in-person social interactions severely. With the pandemic in the rearview mirror, I have felt a new freedom to reach out and meet new

people in person. This year, meeting new people and making new friends has been such a gift.

At the beginning of the year, I was invited to a gathering of pastors and activists. The gathering was at John Fanestil’s house. John is the Executive Director of Via International, a non-profit that focuses on sustainable community development on both sides of the border. John visited Faith earlier in the year to share conversation with us about what is happening at the U.S./Mexico border right now. John recently wrote a book, *American Heresy: The Roots and Reach of White Christian Nationalism*, which is now available. I am grateful to know John.

A few weeks ago, we had a beehive and bees swarming in the preschool. The preschool director called a professional beekeeper, Quinten, to safely relocate the bees to a more appropriate location. I thoroughly enjoyed meeting Quinten and learning some of his story. He was an EMT before falling in love with bees and has been a beekeeper ever since. I am grateful to know him.

Last year, many of us at Faith read Michael Gauden’s book, *My Way Home: Growing Up Homeless in America*. In September Michael and his partner joined us for a worship service and talked with us after the worship service about his experience. Sharing the morning with him was a gift. I am grateful to know him.

There are also many new faces in our preschool, new staff, new families, and new student interns. While in the past we may have often thought of the church and preschool as separate communities, we are actually one non-profit organization. We are part of the same tree. There is so much opportunity for forming new relationships and friendships between church members and preschool staff and families. I am grateful to welcome all the new faces to our community on this campus.

The greatest gift I have received as moderator of San Diego Presbytery has been meeting people from around San Diego. We are encircled every day by so many beautiful and fascinating people.

Who is Faith Presbyterian Church? Faith is all of us, and the “us” can continue to expand as we meet new people and make new friends, as we continue to invite new friends into joy-filled circles of belonging.

Grace and peace,

Sam

MEETINGS OF OUR FELLOWSHIP GROUPS

Book Study

Every Tuesday of the Month
7pm on Zoom

Wednesday Bible Study

FPC, Room #2 at 12noon - 1:00pm

Tuesday Eves

Second Saturday of the Month
Saturday, October 14th
FPC, Library at 2:00pm

Women's Circle

Thursday, October 12th
FPC, Room #3 at 10:00am

Women's Group Bible Study

Saturday, October 21st
FPC, Library at 3:00pm

THIS IS US

Faith Presbyterian Church gathers in the College Area from all across San Diego. We desire to embody beloved community. We are diverse. We are people of color, white, gay, straight, married, single, parents, old, young, and with various abilities. We share a common life characterized by concern for justice, delight in education, and excellence in music through all stages of life. We carry living traditions with us as we grow in faith, with the triune God as our best expression.



2023 Focus:

*earth care
and
mental health*



The Deacons are continuing to collect recycling. Please contact Nancy Flynn at (619) 813-7063 or email at esch46@hotmail.com to make arrangements for her to meet you in the church parking lot.

The money goes directly to the Deacons' fund.

Aluminum cans - Plastic bottles - Glass bottles (CRV) - Water jugs

Faith Family Life

OCTOBER BIRTHDAYS

Helen Musil - 9th
Helen turns 102 yrs. young.

If you would like to see your birthday listed in the newsletter with just the day, not the year, please email that information to Joe Rodriguez (jcr14@att.net).

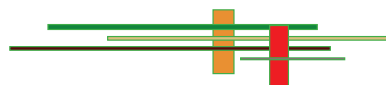
THE CHANCEL FLOWERS



THE FLOWER
CHART IS UP
IN THE NARTHEX

THE CURRENT
PRICE IS \$75.00.
JUST A REMINDER
THAT THE COST OF THE
FLORAL ARRANGEMENTS
CAN BE SPLIT WITH
ANOTHER MEMBER.

DEBBIE LENART, FLOWER MINISTRY



Joyous News!

Announcing The Arrival Of

Nora Lynn Dallezotte

Born September 10, 2023
Parents: Stefanie and Frank Dallezotte
Grandparent: Debbie Lenart



DATES TO REMEMBER

- October 1st - Peace and Global Witness Offering
- October 7th - Women's Retreat
- October 8th - Deacons Meeting
- October 14th & 15th - Estate Sale
- October 15th - Session Meeting
- October 19th - Newsletter Deadline
- October 22nd - Church in Context - Rev. Joel Drenkpohl
- October 29th - Baked Potato Luncheon
- October 29th - Reception for Lou Castillo
- November 5th - Holiday Mission Fair
- November 5th - Daylight Saving Time Ends

Church Office Hours
Monday - Thursday
9:00am - 12:00noon, 1:00pm - 4:00pm
Please note that office is closed on Fridays

COME, TRY OUR
WEDNESDAY BIBLE STUDY
12:00pm in Room #2
LED BY PASTOR SAM

Financial Report

August 31, 2023

Envelope Offering for August 2023 was \$18,386.15

Envelope Offering monthly budget 2023 is \$18,939.00 per month



Parking Lot Income for August was \$3,067.00

Expenses for the month of August 2023 as follows:

Gas & Electric \$4,416.33

Maintenance & Repairs \$1,610.00

Office Supplies/Postage \$497.73

Please pay your Per Capita, it is \$42.00 per member.



SERMONS OCTOBER



SEPTEMBER - OCTOBER 2023

A Conflicted Calling A Sermon Series in the Book of Jonah

| | | | |
|--------------|----------------|--|--------------|
| October 1st | Pastor Sam | <i>From the Greatest to the Smallest</i> | Jonah 3:6-10 |
| October 8th | Guest Preacher | <i>Kristi Van Nostran, Chaplain at Sharp Memorial Hospital</i> | |
| October 15th | Pastor Sam | <i>Too Much Generosity</i> | Jonah 4:1-5 |
| October 22nd | Pastor Sam | <i>Out of Focus</i> | Jonah 4:6-8 |
| October 29th | Pastor Sam | <i>Rearranging Priorities</i> | Jonah 4:9-11 |

Mission Fair

Sunday, November 5th
Faith Family Center

Yes, it's that time of year again! Time for our annual Holiday Mission Fair at Faith. Part of what makes this an exciting event is that so many people benefit from it. When you purchase the crafts available for sale, you are not only buying a gift for family, friend or yourself, but you are also providing funds to artisans in Third World countries, who may have very limited sources of money to feed their families. And a donation of money to one of our local mission agencies will not only support them, but the donation can be given by you in the name of a friend of yours and will serve as your gift to that friend.

So watch for the information in future Sunday bulletins and plan to join us on Sunday, November 5, 2023, in the Faith Family Center, about 10:30am, after worship. And yes, if you are going to be away that day, we will have left over crafts available to sell the following Sunday.

Happy Holidays and Merry Christmas





ALL CHURCH

Christmas Dinner

THE ALL CHURCH
CHRISTMAS DINNER
IS ON

DECEMBER 1st, 2023 - SAVE THE DATE

Work Party

The Property, Facilities & IT committee has scheduled a Fall Church Work Party on November 18th from 9am to 12 noon. There will be projects for everyone to pick from, no matter what your skill level or interest is.

THE BAKED POTATO LUNCHEON IS BACK

Join us on October 29th for lunch after service. Baked Potatoes with all the trimmings and a Salad bar will be the menu, along with fun and fellowship. Beginning Sunday, October 1, sign ups will be on the patio. Nothing to bring, just need to know how many to plan for. Looking forward to seeing everyone there.

ESTATE SALE

We're holding a two day "Big Church Estate Sale" on Saturday, October 14th from 9am to 3 pm, and Sunday, October 15th from 12 noon to 5 pm. We're cleaning out our church storage and selling things we no longer need to raise money to upgrade the church kitchen. We want it to qualify as a catering kitchen that will be useful to more people.

We will also welcome donations of things you no longer need for the sale. Please bring them starting Sunday, October 8th. We'll start setting up for the sale after church. We'll need volunteers to help that day and the two days of the sale. Please contact Judy Lafferty and Sharon Gehl.

For the sale, we'd like furniture pieces that aren't too big, décor items, antiques, art, collectables, books, tools, small appliances, electronics that work, kitchen items, glassware and dishes. We are not asking for clothing donations, because we would like you to continue donating usable clothing to the New Day Urban Ministry.



WE ARE A
MATTHEW 25 Church



'TRULY I TELL YOU, JUST AS YOU DID IT TO ONE OF THE LEAST OF THESE WHO ARE MEMBERS OF MY FAMILY, YOU DID IT TO ME.'

FROM MATTHEW 25:40 (NRSV)



Pastor Sam with Michael Gaulden, author of "My Way Home: Growing Up Homeless in America"

Music Enrichment

Singing with a Group

Kindergarten-6th Grade

6 Weeks

Sundays, 10:45-11:15am

October 29-December 10

Final Program December 17

Cost: free!



Led by Joe Rodriguez,
the Director of Music,
Faith Presbyterian Church

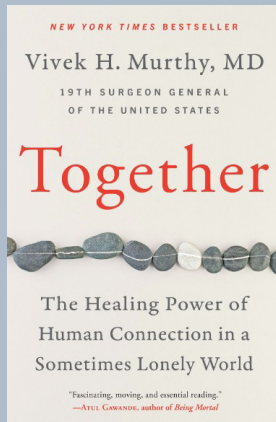
For more information and
registration contact the office
office@fpsd.org

Faith Presbyterian Church
5075 Campanile Dr.

“Belonging to a group can help reduce stress, repair emotional damage, and promote meaning and purpose...One of the best ways to develop a middle circle of friends is to join a singing group.”

Dr. Vivek H. Murthy, MD
Surgeon General of the United States

Continuing in October



Our group is studying the book

Together: The Healing Power of Human Connection in a Sometimes Lonely World

By Vivek H. Murthy, MD

Harper Wave, Paperback, 2023

We meet on Tuesday at 7pm on Zoom.

From the back cover: “Loneliness is a root cause and contributor to many of the epidemics sweeping the world today – from alcohol and drug addiction to violence, depression, and anxiety. It affects not only our health but also how our children experience school, how we perform at work, and the sense of division and polarization in our society. Despite our progress in talking about mental health, we are still ashamed of feeling lonely. Dr. Murthy explores our need to belong what happens when we find ourselves untethered.

But there is hope in our true nature as social animals. Our desire to forge lasting bonds, help one another, and share life experiences also provides the starting point for curing this epidemic of loneliness. Together we are simply better. In *Together*, Dr. Murthy recounts inspiring and encouraging stories of individuals and communities that are making great strides in helping us understand that we are not alone and offers simple yet effective solutions we can use today to heal ourselves, one another, and build stronger communities. Told with great compassion and hope, Dr. Murthy makes a powerful and convincing argument for why we can and must build a more connected world.”

From the back cover: “Vivek H. Murthy, MD, is the surgeon general of the United States. He received his bachelor’s degree from Harvard and his MD and MBA from Yale. He completed his internal medicine residency at Brigham and Women’s Hospital and Harvard Medical School, where he later joined the faculty. Dr. Murthy resides in Washington, DC, with his wife, Dr. Alice Chen, and their two children.”



**Church in Context
listening, learning,
growing together**

**October 22, 11am
Rev. Joel Drenkpohl
Coffee House College Ministry**

UPCOMING CONVERSATION!

Church in Context: listening, learning, and growing together
with leaders from around San Diego and California.

On Sunday at 11am in Room #1

October 22nd

Rev. Joel Drenkpohl
of Front Porch, Campus Ministry Coffee House
at Cal Poly in San Luis Obispo, CA.

FUN FOR THE KIDS

GRATITUDE game

Start a fun tradition by playing this game on Thanksgiving.

What you need:

- M&M's or other colored candies
- A bowl
- The list below (adapt the colors, as needed)

Red: a need God has provided for

Orange: a gift you've received

Yellow: something you've recently learned

Green: something in nature

Blue: a special memory

Brown: someone you love

What you do:

1. One at a time, people pick a candy and share what they're thankful for (according to the color).
2. Pass the bowl around and continue reflecting on God's goodness until all the candy is gone!



A feast of praise

Throughout the Bible, God's people give thanks and praise for his goodness.



Directions: Draw lines to match the scriptures (all NIV) with the correct speaker.

| | |
|---|--------|
| "I thank my God every time I remember you." Philipians 1:3 | Hannah |
| "My soul glorifies the Lord and my spirit rejoices in God my Savior." Luke 1:46-47 | David |
| "He is my God, and I will praise him, my father's God, and I will exalt him." Exodus 15:2 | Mary |
| "My heart rejoices in the LORD." 1 Samuel 2:1 | Paul |
| "I will praise God's name in song and glorify him with thanksgiving." Psalm 69:30 | Moses |

Answers: Philipians 1:3, Paul; Luke 1:46-47, Mary; Exodus 15:2, Moses; 1 Samuel 2:1, Hannah; Psalm 69:30, David

FAITH PRESBYTERIAN CHURCH

5075 Campanile Drive
San Diego CA 92115

RETURN SERVICE REQUESTED

FAITH PRESBYTERIAN CHURCH

5075 Campanile Drive
San Diego, CA 92115
(619) 582-8480

Email: office@fpsd.org

Website: www.faithchurchsandiego.org

Pastor: Rev. Dr. Sam Codrington
Spiritual Director: Mary Elva Smith
Director of Music Ministry: Joe Rodriguez
Media Director: Stephen Dichiera
Preschool Director: Ivania Rodas
Custodian: Agustin Urueta
Sexton: Robin Craig
Office Administrator: Lou Castillo
Newsletter Editor: Joe Rodriguez

GIVE THANKS TO
THE LORD, FOR
HE IS GOOD.
HIS LOVE ENDURES
FOREVER.
PSALM 136:1

Send all submissions to
Joe Rodriguez, editor
jcr14@att.net

DEADLINE FOR
NEXT
MONTH



OCT
19